

ANGELES CREST 100 WORKPACKAGE

TASKS COMPLETED:

Developed basic concept of race as a point to point 100 mile mountain trail run from Wrightwood to the Rose Bowl. The race must capture the imagination of the general public. The Rose Bowl is nationally recognized landmark. WW is a layed back resort town nestled in the Angeles Natioal Forest. Both are easily recognized landmarks by millions of people in the Los Angeles area. We spent months finding 100 miles of mountain trails that are well suited for both day and night trail running. (Sept 85)

Angeles Crest logo designed. (October 85)

Stationary and envelopes with AC100 logo completed. (November 85)

Filed with Los Angeles County Clerks for fictious name: Angeles Crest 100 Mile Endurance Run. Opened AC100 bank account with B/A in Downey. Received initial financial support. AC100 no longer a dream. Now the hard work begins. (November 85).

Course is designed, checked, tested. Length of the course is measured with a precision wheel and vehicle odometer. Elevation profile (gain and loss in feet) is determined from topo maps. Exact course is layed out on topo map. (November 85).

Long tedious task of clearing inaccessible mountain trail begins. Trails must be cleared for trail running. Hiking requirements are differant. Half of the course will be run at night with flashlights! (March 86).

Application for the Run completed. Advertised the Run in Ultra-Running magazine. (January 86)

Met with Cal Tran and California Highway Patrol official at the Cal Trans Los Angeles office to obtain any special permits necessary to establish the Run. If we follow their recommendations, no special use permit required. (November 86)

Obtained written permission from Sister Claire of Stella Maria Catholic girls camp to cross the only private land that the course traverses. In order to make this a annual event, we are planning to go through all the necessary steps, obtaining all permissions and special use permits. (April 86)

Coca-Cola, Rancho Cucamonga agrees to participate in the event. No finanical support. Will provide T-shirts, sponges, and of course Cokes for the aid station and awards banquet. (November 85)

Started the draft of Run Brochure. Very difficult task without a word processor! Planning to have a Run Brochure that will have a

wealth of information on the Run, the runners, and background information of the Angeles National Forest, that is in our backyards. Will eventually publish a high quality brochure that will be used as a vehicle to provide visibility to the people that make this Run a successful annual event. (April 86)

Awards. Commissioned artist/silversmith Jim Benjamin to design a solid Sterling Silver belt buckle to commemorate this event. Desired a modern contemporary buckle that could be worn with Levis or business suit. Lost wax mold completed. (February 86) First silver buckle completed. (March 86) Buckle is designed in two pieces. First place men and women will be awarded a unique buckle. First place buckle will be solid Sterling Silver and solid 14K gold. (May 86) In process of designing a 20% smaller silver buckle (ECD June 86).

Awards. Finishers plaque with course, Run logo, and course profile is completed and will be mounted on a solid walnut plaque. Two prototypes are available for display purposes. Plaques were designed by Bruce Carr of Carrs Trophies in Laguna Beach. He has agreed to engrave each plaque with the runners name, time and date; prior to the awards banquet. We will also create special plaques for individuals and organizations that contribute to the overall success of the event. (March 86)

Insurance. Obtained liability insurance with SPA/TAC Long Distance Running Committee. Sent Certificate of Insurance to the following organization: U S Forestry Service (Oak Grove Ranger Station), Terry Ellis; Coca-Cola (Ranch Cucamonga), Ultra-Lite, Stella-Maria Catholic Girls Camp, Sister Claire; and Orthopaedic Hospital, Carol Reilly.

Search and Rescue. Arnold Gaffrey joins organization to help us with coordination of overall Search and Rescue, coordination of overall medical team at medical checkpoint, coordination of emergency communication, and coordination of law enforcement agencies. (November 85)

Interview with Wrightwood Mountaineer newspaper Doug Walsch provide visibility for the Run in WW area. WW Chamber of Commerce is 100% behind the Run. WW mayor has agreed to start the Run. He was delighted that we asked. Many WW citizens volunteering to man the early (1-6) CPs. WW has invited the Run to set up a booth at their annual 4th of July "picnic". Will set up booth in front of Mountaineer paper and planning to show last years WS100 video. Will attempt to get as much visibility for the Run as possible. The "picnic/parade" will start at 10:00am Saturday, July 5th. If anyone is interested please contact me. (May 86) The parade was cancelled. WW could not obtain liability insurance.

Dennis Barrett WW citizen and fellow Catalina Marathon Finisher has agreed to be the WW focal point and possibly organize and administrate CPs 2 through 6. (May 86)

Hal Winton has agreed to help us organize and run the training runs on the course. The first 50 mile training run was completed in May 86. As a result of that run several experienced trail ultra-marathoners recommended that the finishing times be extended to 33 hours. Finishing times comparable to Wasatch 100 Mile Endurance Run (generally considered the toughest 100 miler) should be expected for this race. (May 86)

Long Beach Marathon Race Director Joe Carlson has lent us a "Start/Finish" banner. They cost in excess of \$900 new! We are indebted to Joe. He gave us some good advice on directing races. Get a word processors. (March 86)

Have been making copies of the Western States 100 Wide World of Sports TV coverage available to organization desiring to help and need to understand and appreciate the history of the 100 mile trail endurance runs. (June 86)

We have 31 paid applicants. Included are two medical doctors and Ultra-Running magazine editor. We expect most of the local trail ultra-marathon to sign up after the Western States 100 held on June 28, 1986 in Squaw Valley. We expect a larger pool of ultra-marathoners to develop as a result of the interest generated by the Olympics and the Los Angeles Marathon. Ultrasport recently interviewed cardiologist, running philosopher and guru George Sheehan. They asked the him after 20 Boston Marathons what are your running goals at 65? He replied, "He would like to do sub 3 hour marathon (he ran a 3:01 PR at 61!) and liked to 'have done' Western States 100". (June 86)